

Farthinghoe Primary School- PSHE Yearly Overview of National Curriculum Objectives

SCARF: For each year group, six themed units provide a complete PSHE and wellbeing curriculum, including mental health and Relationships and Sex Education (RSE), along with related assessment tools.

PSHE and Wellbeing Units	Keeping Myself Safe	Me and My Relationships	Valuing Difference	Rights and Responsibilities	Being My Best	Growing and Changing
British Values	Individual Liberty	Mutual Respect	Tolerance of different faiths and beliefs	Rule of Law	School Values	Democracy
Term	T1	T2	T3	T4	T5	T6
EYFS	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.What's safe to go onto my body 2.Keeping Myself Safe - What's safe to go into my body (including medicines) 3.Safe indoors and outdoors 4.Listening to my feelings (1) 5.Keeping safe online 6.People who help to keep me safe 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.All about me 2.What makes me special 3.Me and my special people 4.Who can help me? 5.My feelings 6.My feelings (2) 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.I'm special, you're special 2.Same and different 3.Same and different families 4.Same and different homes 5.Kind and caring 6.Kind and caring (2) 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Looking after my special people 2. Looking after my friends 3. Being helpful at home and caring for our classroom 4. Caring for our world 5. Looking after money: recognising, spending and using 6. Looking after money: saving and keeping it safe 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Bouncing back when things go wrong 2.Yes, I can! 3.Healthy eating (1) 4.Healthy eating (2) 5.Move your body 6.A good night's sleep 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Seasons 2.Life stages - plants, animals, humans 3.Life Stages: Human life stage - who will I be? 4.Where do babies come from? 5.Getting bigger 6.Me and my body - girls and boys

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Key Themes	How our feelings can keep us safe Keeping healthy Medicine safety	Feelings Getting help Classroom rules	Recognising, valuing and celebrating difference Developing tolerance	Looking after things	Growth Mindset Keeping Healthy	Getting Help Becoming Independent Body Parts
Keystage 1 Year A 2019/2020 2021/2022	Unit Lesson Plans 1. Healthy me ✖ 2. Super sleep ✖ 3. Who can help? (1) 4. Harold loses Geoffrey 5. What could Harold do? ✖ 6. Good or bad touches?	Unit Lesson Plans 1. Why we have classroom rules 2. Thinking about feelings 3. Our feelings 4. Feelings and bodies 5. Our special people balloons 6. Good friends ✖ 7. How are you listening?	Unit Lesson Plans 1. Same or different? 2. Unkind, tease or bully? 3. Harold's school rules 4. Who are our special people? 5. It's not fair!	Unit Lesson Plans 1. Harold's wash and brush up 2. Around and about the school 3. Taking care of something 4. Harold's money 5. How should we look after our money? 6. Basic first aid	Unit Lesson Plans 1. I can eat a rainbow ✖ 2. Eat well 3. Catch it! Bin it! Kill it! 4. Harold learns to ride his bike 5. Pass on the praise! 6. Harold has a bad day	Unit Lesson Plans 1. Inside my wonderful body! ✖ 2. Taking care of a baby 3. Then and now 4. Who can help? (2) 5. Surprises and secrets 6. Keeping privates private

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Key Themes	Safe and unsafe secrets Appropriate touch Medicine safety	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Listening skills	Cooperating and self-regulation	Looking after my body Growth mindset	Life cycles Dealing with loss Being supportive
Keystage1 Year B 2020/2021 2022/2023	Unit Lesson Plans 1.Harold's picnic ✖ 2.How safe would you feel? 3.What should Harold say? 4.I don't like that! 5.Fun or not? 6.Should I tell? 7.Some secrets should never be kept	Unit Lesson Plans 1.Our ideal classroom (1) 2.Our ideal classroom (2) 3.How are you feeling today? 4.Bullying or teasing? 5.Don't do that! 6.Types of bullying ✖ 7.Being a good friend ✖ 8.Let's all be happy! ✖	Unit Lesson Plans 1.What makes us who we are? 2.How do we make others feel? 3.My special people 4.When someone is feeling left out 5.An act of kindness 6.Solve the problem	Unit Lesson Plans 1.Getting on with others 2.When I feel like erupting 3.Feeling safe 4.How can we look after our environment? 5.Harold saves for something special 6.Harold goes camping	Unit Lesson Plans 1.You can do it! 2.My day 3.Harold's postcard - helping us to keep clean and healthy 4.Harold's bathroom 5.My body needs... ✖ 6.What does my body do? ✖	Unit Lesson Plans 1.A helping hand 2.Sam moves house 3.Haven't you grown! 4.My body, your body 5.Respecting privacy 6.Basic first aid

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Key Themes	Managing risk Drugs and their risk Staying safe online	Cooperation Friendships	Recognising and respecting diversity Being respectful and tolerant	Skills we need to develop as we grow up Helping and being helped	Keeping myself healthy Celebrating and developing my skills	Relationships Menstruation Keeping safe
Yr 3 and 4 Year A 2019/2020 2021/2022	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Safe or unsafe? 2.Danger or risk? 3.The Risk Robot 4.Alcohol and cigarettes: the facts ✖ 5.Super Searcher 6.None of your business! 7.Raisin challenge (1) 8.Help or harm? ✖ 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.As a rule 2.My special pet 3.Tangram team challenge 4.Looking after our special people 5.How can we solve this problem? 6.Dan's dare 7.Thunks 8.Friends are special ✖ 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Family and friends 2.My community 3.Respect and challenge 4.Our friends and neighbours 5.Let's celebrate our differences 6.Zeb 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Our helpful volunteers 2.Helping each other to stay safe 3.Recount task 4.Harold's environment project 5.Can Harold afford it? 6.Earning money 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Derek cooks dinner! (healthy eating) 2.Poorly Harold 3.For or against? 4.I am fantastic! 5.Getting on with your nerves! ✖ 6.Body team work ✖ 7.Top talents ✖ 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Relationship Tree 2.Body space 3.Secret or surprise? 4.My changing body 5.Basic first aid

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Key Themes	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences	Recognising feelings Bullying Assertive skills	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money	Having choices and making decisions about my health Taking care of my environment	Body changes during puberty Managing difficult feelings Relationships including marriage
Yr3 and 4 Year B 2020/2021 2022/2023	Unit Lesson Plans 1.Danger, risk or hazard? 2.Picture Wise 3.How dare you! 4.Medicines: check the label ✖ 5.Know the norms (formerly Tell Mark II) ✖ 6.Keeping ourselves safe 7.Raisin challenge (2)	Unit Lesson Plans 1.An email from Harold! 2.Ok or not ok? (part 1) 3.Ok or not ok? (part 2) 4.Human machines 5.Different feelings 6.When feelings change 7.Under pressure	Unit Lesson Plans 1.Can you sort it? ✖ 2.Islands 3.Friend or acquaintance? 4.What would I do? 5.The people we share our world with 6.That is such a stereotype!	Unit Lesson Plans 1.Who helps us stay healthy and safe? 2.It's your right 3.How do we make a difference? 4.In the news! 5.Safety in numbers 6.Logo quiz 7.Harold's expenses 8.Why pay taxes?	Unit Lesson Plans 1.What makes me ME! (formerly Diversity World) ✖ 2.Making choices (formerly Conformatron control) ✖ 3.SCARF Hotel (formerly Diversity World Hotel) ✖ 4.Harold's Seven Rs 5.My school community (1) 6.Basic first aid	Unit Lesson Plans 1.Moving house 2.My feelings are all over the place! 3.All change! 4.Period positive 5.Secret or surprise? 6.Together

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Key Themes	Managing risk, including staying safe online Norms around use of legal drugs (tobacco, alcohol)	Feelings Friendship skills, including compromise Assertive skills	Recognising and celebrating difference, including religions and cultural Influence and pressure of social media	Rights and responsibilities Rights and responsibilities relating to my health Decisions about lending, borrowing and spending	Growing independence and taking responsibility Media awareness and safety	Managing difficult feelings Managing change Getting help
Yr 5 and 6 Year A 2019/2020 2021/2022	Unit Lesson Plans	Unit Lesson Plans	Unit Lesson Plans	Unit Lesson Plans	Unit Lesson Plans	Unit Lesson Plans
	1.'Thinking' about habits 2.Jay's dilemma 3.Spot bullying 4.Ella's diary dilemma 5.Decision dilemmas 6.Would you...? 7.Drugs: true or false? ✖ 8.Smoking: what is normal? ✖ 9.Would you risk it? ✖	1.Collaboration Challenge! 2.Give and take 3.How good a friend are you? 4.Relationship cake recipe 5.Being assertive ✖ 6.Our emotional needs ✖ 7.Communication	1.Qualities of friendship 2.Kind conversations 3.Happy being me 4.The land of the Red People 5.Is it true? 6.It could happen to anyone	1.What's the story? 2.Fact or opinion? 3.Rights, responsibilities and duties 4.Mo makes a difference 5.Spending wisely 6.Lend us a fiver! 7.Local councils	1.Getting fit ✖ 2.It all adds up! ✖ 3.Different skills 4.My school community (2) 5.Independence and responsibility 6.Star qualities? 7.Basic first aid	1.How are they feeling? 2.Taking notice of our feelings 3.Dear Hetty 4.Changing bodies and feelings 5.Growing up and changing bodies 6.It could happen to anyone 7.Help! I'm a teenager - get me out of here! 8.Dear Ash 9.Stop, start, stereotypes

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Key Themes	Emotional needs Staying safe online Drugs: norms and risks (including the law)	Assertiveness Cooperation Safe/unsafe touches	Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour	Understanding media bias, including social media Caring: communities and the environment Earning and saving money	Aspirations and goal setting Managing risk	Keeping safe Body Image Self esteem
Yr 5 and 6 Year B 2020/2021 2022/2023	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Think before you click! 2.Traffic lights 3.To share or not to share? 4.Rat Park 5.What sort of drug is...? 6.Drugs: it's the law! ✖ 7.Alcohol: what is normal? ✖ 8.Joe's story (part 1) ✖ 9.Joe's story (part 2) 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Working together 2.Let's negotiate 3.Solve the friendship problem 4.Assertiveness skills (formerly Behave yourself - 2) 5.Behave yourself ✖ 6.Dan's day 7.Don't force me 8.Acting appropriately 9.It's a puzzle 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.OK to be different 2.We have more in common than not 3.Respecting differences 4.Tolerance and respect for others 5.Advertising friendships! 6.Boys will be boys? - challenging gender stereotypes 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Two sides to every story 2.Fakebook friends 3.What's it worth? 4.Jobs and taxes <p>Action stations!</p> <p>Project Pitch (parts 1 & 2)</p> <p>Happy shoppers</p> <p>Democracy in Britain 1 - Elections</p> <p>Democracy in Britain 2 - How (most) laws are made</p>	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Five Ways to Wellbeing project 2.This will be your life! ✖ 3.Our recommendations 4.What's the risk? (1) ✖ 5.What's the risk? (2) 6.Basic first aid 	<p>Unit Lesson Plans</p> <ol style="list-style-type: none"> 1.Helpful or unhelpful? Managing change 2.I look great! 3.Media manipulation 4.Pressure online 5.Is this normal? 6.Dear Ash 7.Making babies 8.What is HIV?

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